

Useful contacts for Parents

Organisation	Telephone	Email / website
ADHD	07432 499 164	adhdbridgend@hotmail.co.uk
Autism Helpline	0808 800 4104	autismhelpline@nas.org.uk
Bakers Way	01656 720509	andrew.wood@bridgend.gov.uk
Bridgend Short Breaks	01656 815442	shortbreaks@bridgend.gov.uk
Bridge Mentoring	01656 647891	www.thebridgemps.org.uk
Bridgend Carers	01656 658479	enquiries@bridgendcarers.co.uk
Cerebra	0800 328 1159	info@cerebra.org.uk
Citizens Advice	01656 762800	-----
Contact a Family Cymru	02920 396 624	andrew.kirby@cafamilys.org.uk
Disabled Children's Team	01656 815442	shortbreaks@bridgend.gov.uk
Elite	01443 226 664	sjohnston@elitesea.co.uk
Hafal	01656 729191	hafal@hafal.org
Liberty Horses	07824 883 806	libertyhorsescic@hotmail.co.uk
Link -Up Care	01656 812796	everylinkcounts@aol.com
Mencap	0808 808 1111	Angela.O'callaghan@mencap.org.uk
National Autistic Society	02920 629 312	jillgrange@hotmail.com
SNAP Cymru	02920 348 998	morgannwg@snapcymru.org
Snac (Special Needs Activity Club)	01639 899 666	snacwales@btconnect.com
The Zone	01656 649378	thezonebridgend@gmail.com
Transition Team	07854 946 649	tracey.thomas@bridgend.gov.uk
Trinity Carers and Support	01656 782104	tcands@tiscali.co.uk
Y Bont	01656 646013	admin@ybont.com