

MOVE

Bronze Quality Mark Assessment for Heronsbridge School



Report Date	15/04/2024
Inspection Date	18/03/2024
Assessor	Emma Dyer

Contents

- A: Commitment to improve the skills of all members of the team who deliver the MOVE Programme 5
- B: Effective leadership and strategic planning are in place to ensure full integration, ongoing quality improvement and sustainability of the MOVE Programme within the organisation 6
- C: Effective and comprehensive procedures are in place for assessments, goal setting and progress review 7
- D: Delivery of the MOVE Programme is fully integrated into the curriculum and is delivered in all areas of learning 8
- E: Prompts are used in an effective and safe manner and allow for development of skills 9
- F: The organisation is a positive ambassador of MOVE and actively promotes MOVE across a range of networks 10

Introduction

Héronsbridge first received In House training in September 2021. Currently there are 10 Pupils on the MOVE Programme and 19 Staff trained to Senior Practitioner level of the MOVE Programme. Erica Phillips is the MOVE Coordinator and Class Teacher and Cerys Bowen assists in coordinating MOVE with particular focus on leading the assessment meetings and has dedicated time to MOVE. Erica is Class Teacher for Class 3, a mixed year class for pupils between year 1 and year 6. Cerys is Head of Primary and Early Years and a Class Teacher for pupils 4 – 6 years old. Heronsbridge is an all through maintained Special School in Bridgend, Wales for pupils aged 4-19. The school supports pupils with PMLD, ALD and Complex ASD and comprises of 4 departments, Primary, Secondary, Post 16 and a Centre for Autism. Predominantly pupils accessing the school are from Bridgend with a few pupils travelling out of county. Jeremy Evans is the Headteacher at Heronsbridge and is supportive of the MOVE Programme.

	Centre of Excellence				Gold				Silver				Bronze				
A: Commitment to improve the skills of all members of the team who deliver the MOVE Programme	A1	A2			A3	A4	A5		A6	A7			A8				
B: Effective leadership and strategic planning are in place to ensure full integration, ongoing quality improvement and sustainability of the MOVE Programme within the organisation	B1				B2	B3			B4	B5			B6	B7	B8	B9	
C: Effective, comprehensive procedures are in place for assessments, goal setting and progress reviews	C1				C2	C3	C4		C5	C6	C7		C8	C9	C10		
D: Delivery of the MOVE Programme is fully integrated into curriculum and delivered in all areas of learning	D1				D2				D3	D4			D5	D6	D7	D8	
E: Prompts are used in an effective and safe manner and allows for development of skills	E1				E2				E3	E4	E5		E6	E7			
F: The organisation is a positive ambassador for MOVE and actively promotes MOVE across a range of networks	F1	F2			F3				F4	F5	F6		F7	F8			

A: Commitment to improve the skills of all members of the team who deliver the MOVE Programme

	Key Criteria	Evidence	Next Steps
A 8 Bronze	A core MOVE team is in place with a sufficient number of Practitioners and Senior Practitioners. There are plans in place for further training, including Trainer Training and Awareness Training.	Erica and Cerys are attending MOVE Trainer Training in April 24 which will enable the MOVE Coordinators to continue to upskill their staff team. Currently there are 19 staff trained to Senior Practitioner level. The momentum of the MOVE Programme has taken time to build with Erica being a key person in maintaining a vision for the programme being used across the school. The school were supported by Carly Marsh in the initial staged of using the programme through twilight Awareness Sessions with Carly. The Physiotherapy Team are also trained in MOVE which has helped with continuity and consistency.	

B: Effective leadership and strategic planning are in place to ensure full integration, ongoing quality improvement and sustainability of the MOVE Programme within the organisation

	Key Criteria	Evidence	Next Steps
B 6 Bronze	The organisation has a comprehensive MOVE Policy in place and MOVE is included on the school development plan.	The school have a MOVE Policy in place. This was shared during the assessment. Policies are reviewed on an annual basis and all policies can be accessed via the school Share drive, accessible for all staff. Any new staff as part of their induction are to read through all policies, including awareness of MOVE. MOVE is highlighted in the School Development Plan under Health and Wellbeing.	
B 7 Bronze	There is an involvement from Senior Leadership Team and evidence of commitment from governors.	Sylvia Fowler is the Assistant Head for the school and Health and Wellbeing Lead. Sylvia is fully supportive of the programme and is Practitioner trained. With a key passion for wellbeing, it was ensured that Heronbridge's Mental Health Awareness Day included MOVE activities, directed by Sylvia. Peter Williams is the MOVE Governor with MOVE updates provided in the termly Governors reports.	
B 8 Bronze	A MOVE action plan is in place, identifying timescales, resources and time implications. It should be shared with the SLT, governing body and MOVE Europe & can demonstrate short term impact.	Between the two MOVE Coordinators, an action plan has been created to achieve realistic SMART targets for the school. This was shared during the assessment. Responsibility is disseminated across senior practitioner, SLT and the MOVE Coordinators themselves. The action plan shows the impact of MOVE on a continuous basis.	
B 9 Bronze	The MOVE coordinator has an in-depth knowledge of the MOVE Programme and is providing effective leadership to improve outcomes.	The MOVE Coordinators have always ensured that any learnt knowledge is shared to the wider MOVE Team. Not just with the current MOVE trained team but anyone working with pupils accessing the MOVE programme. Best engagement from staff comes from those who have a genuine interest and passion for the outcomes and this is best achieved with staff through sharing pupils development.	

C: Effective and comprehensive procedures are in place for assessments, goal setting and progress reviews

	Key Criteria	Evidence	Next Steps
C 8 Bronze	Parent(s)/carer(s) and multi-agency professionals are part of the assessment, goal setting and ongoing review of the programme approach.	Parents are invited to come in for an informal coffee morning, building a professional relationship with parents is key for ongoing engagement. Assessments and Goal setting meetings, include the multi-disciplinary teams wherever possible. Families understand that the child is at the heart of the programme. Once on the programme, the Physio team visit the home to support families in how to safely move children, sharing good practice and encouraging further movement opportunities. Assessments are reviewed every 6 months, always sharing videos and photos for milestones.	
C 9 Bronze	There is a plan in place, with a realistic timescale, to ensure all candidates for MOVE are placed on the programme.	Héronsbridge work closely with the Cwm Taf Morgannwg Paediatric Physiotherapy team with Physio's on site regularly. This enables informal discussions to be easily had around potential pupils going onto the MOVE Programme. To kickstart the programme the school had a pilot cohort to build momentum. In addition to this Cerys' role allows her to identify who is suitable to join with access to the Placement Panel identify those pupils joining the school, attending preschool placements and parent visits. This creates a smooth transition period also.	
C 10 Bronze	MOVE Assessment Profiles have been completed for some individuals and each has relevant goals set by themselves and/or their family.	During the assessment, it was shared that 1 pupil has set their own personal goal, which is fantastic as autonomy over pupil's choices is a shared ambition of MOVE Europe and Heronsbridge. Where a pupil can't directly shape their goal, collaborative goals are set representing their voice by family, education and health. Currently Erica and Cerys complete the Assessment Profiles.	More staff confident in completing Assessment Profiles with families.

D: Delivery of the MOVE Programme is fully integrated into the curriculum and is delivered in all areas of learning

	Key Criteria	Achieved? (Evidence)	Any next steps
D 5 Bronze	Parent(s)/carer(s) are being encouraged and supported to deliver the MOVE programme at home.	During the assessment, 2 Parent testimonials were shared highlighting not only the positive impact MOVE has had on their child's physical skills but the wider family impact of experiencing new opportunities. In addition to Physio home visits the school hold Parent Information days bi-annually, building confidence has shown that children have maintained newly learnt skills, this was particularly noticeable over the 6 week Summer Holidays.	
D 6 Bronze	Trans-disciplinary team work is demonstrated showing that physiotherapy and parent(s)/carer(s) agree with and are involved in the MOVE Programme.	Reagan and Verity are the main Physio support for the school. Mobility, Speech and Language and Visual support all work closely with one another. Moving forward, it would be beneficial to deliver an awareness training to the wider support services to encourage wider engagement from them as the cohort of pupils increases using the MOVE programme.	
D 7 Bronze	The organisation encourages active participation from individuals on the MOVE programme and, where possible, individuals have an awareness of what they have to do in order to improve their functional skills.	During the assessment Erica and Cery's shared how they have noticed the pupils having more confidence in their own capabilities. A Parent testimonial of Ollie showed how well he is doing with improving his confidence in ability and his problem-solving opportunities.	
D 8 Bronze	There is evidence that the individual's agreed goals/targets are being integrated into lessons using appropriate teaching and learning strategies.	MOVE Plans are in place following the assessment meetings and are then displayed in the classrooms. The plans breakdown the goal into bitesize opportunities. The class timetable is used to prompt staff to identify optimum time for MOVE to take place. Hydrotherapy and Rebound are also effectively used to incorporate MOVE.	

E: Prompts are used in an effective and safe manner and allow for development of skills

	Key Criteria	Evidence	Next Steps
E 6 Bronze	Equipment is of good quality, well-maintained and safely-used to support the development of new skills. Staff can provide physical prompting safely and effectively for all parties.	All staff are manual handling trained with regular checks on the equipment daily alongside formal LOLA checks. Risk Assessments are in place for any pupils that requires use of equipment of physical support of any kind. Physios and Occupational Therapists (OT) work well with the school to develop understanding around prompts and make sure staff are maintaining equipment.	
E 7 Bronze	The information recorded in the Prompt Adjustment Plan is effectively conveyed to and understood by those delivering the programme.	Each pupil has a mobility passport which is put in place following discussions with physios and an agreement has been made on current prompt use. The MOVE Coordinators then speak OTs and Physios to discuss when and how to reduce prompts. This is frequently reviewed and reassessed as and when progress is made.	

F: The organisation is a positive ambassador of MOVE and actively promotes MOVE across a range of networks

	Key Criteria	Evidence	Next Steps
F 7 Bronze	Information regarding the MOVE Programme and the achievements of its users is displayed within the organisation and provided to parents in suitable formats, including on the school website.	At Heronsbridge MOVE is apparent as soon as you arrive at the school with a MOVE display in the main corridor alongside a parent's testimonial video in the foyer. In addition to this, MOVE is shared in the half termly newsletters. MOVE is celebrated in many forms such as MOVE Certificates when a pupil achieves an individual achievement get sent home and a celebratory assembly every Friday. The Sports Day at the school now incorporates MOVE celebrations too! The above examples highlight how MOVE is clearly disseminated as an ethos as well as a formal programme across the school. An example of the newsletter was shared during the assessment.	
F 8 Bronze	The organisation is tracking participants' progress on the programme over time with video evidence, which can be shared with MOVE Europe.	The school track pupils progress using the internal school Share drive, within the folder, all pupils have their own MOVE folder with evidence uploaded to the relevant pupils. In the recent months Erica and Cerys have been developing case study videos and sharing these with the whole school, raising awareness and capturing the fantastic impact of the MOVE team.	

Summary

Heronbridge School has come a long way with their MOVE Programme offer. Since having their initial In-House Training, the perseverance and passion from Erica and Cerys as MOVE Coordinators alongside the wider MOVE Team and Senior Management support has allowed the programme to begin to be embedded across the setting. As the manager of MOVE, I have had the honour of working with Heronbridge from their initial training, and I look forward to seeing where their MOVE journey goes. The school benefit from having incredibly dedicated, proactive staff who have worked hard to build up their local MOVE network and utilise the knowledge and skills developed to improve the everyday lives of their pupils, well done! With the completion of the below actions Heronbridge School could achieve the **Silver Quality Mark by March 2025**:

- ✚ To have at least one MOVE Trainer allocated to the school for continuous CPD opportunities alongside widening the MOVE Team. This, in turn, will improve the MOVE offer as a school.*
- ✚ To schedule Practitioner and Senior Practitioner training across the school. Key staff to be considered are those working directly with the MOVE pupils such as Physiotherapy, Occupational Therapy and any Physical/Manual Handling leads. Senior Leadership to receive awareness training.*
- ✚ For some Senior Practitioners other than the MOVE Coordinators to confidently carry out a MOVE Assessment, all Senior Practitioners to be confident in understanding MOVE Programmes for pupils in their school and can relay this information to MOVE Coordinators.*
- ✚ Enhance the parent/family offer, with particular focus on how to support movement at home when equipment/space/time may be limited.*
- ✚ MOVE Day celebrations to be shared with MOVE Europe.*
- ✚ Begin to work with a wider sphere of influence by raising awareness of MOVE across the local authority. Which settings in your local area may benefit from using the programme? This could be locations such as respite, additional support, extra-curricular activity centres, potential Additional Learning Need settings/Colleges.*

Result

Congratulations, Heronbridge School has been awarded the Bronze Quality Mark, valid for 1 year.